



MASTER OR MASTERED ?



THOUGHTS and words build forms which are made of substance. These are energized and set into dynamic action by feeling. If the individual—because he is the “Mighty I AM Presence” individualized, having full power to create as God creates—builds forms that are beautiful and Perfect, energizing them with the feeling of Divine Love, then he is Master of his world.

If the individual does not create Perfection, which is the Law of Life, then his own discordantly created forms turn upon him, dominate and tear him to pieces, until he purifies them and makes everything in his world beautiful and loving, that Perfection may be expanded through it.

Every individual each moment is either Master of the substance, energy and consciousness in his world, using them always to create Beauty and Perfection or is mastered by the creations which he brings forth, until he will take the Scepter of his own Dominion and expand Perfection at his point of the Universe. He is the “Mighty I AM Presence” individualized and must expand Perfection for IT is the Law of Life—unchangeable—eternal—yet beneficent.

It takes very little energy to think a thought, but in one intense outburst of feeling, the individual releases energy of which he has no concept. The average person does not know, whether his thoughts and feelings come from his "Mighty I AM Presence," his human personality, from some other individual consciously directing thought and feeling to him, from the tramp thoughts and feelings of the mass of mankind today or those generated by humanity in the centuries past, which are still floating and vibrating, through the atmosphere of earth.

Unless, the individual understands what constantly surrounds him and makes some conscious effort to insulate himself by the Rays of Light from his "Mighty I AM Presence," he is a wide open playground for anything and everything that touches his consciousness and world, only a small part of which is his thought.

His feeling, which is part of his consciousness, is left wholly unguarded, and as ninety per cent of his energy is in his emotional body, this great reservoir of power is constantly being depleted, because he does not control his feeling and keep his Life Energy qualified constructively.

Every individual is using consciousness, substance and energy and is creating vibration every moment, waking and sleeping—whether he be wise or ignorant, good or bad, willing or unwilling. With every thought, feeling, word and act, he creates vibration. Whatever quality it contains, records first, in his own brain cells, next in the flesh of his body, then in his aura and affairs and at last, travels forth in the atmosphere to some definite objective or radiates out into the conditions surrounding him.

All discords of the outer activity are but rates of vibration, which means energy in motion. All rates of vibration can be controlled by the "Mighty I AM Presence." The human intellect and sense consciousness can only generate the lower vibratory actions and these can only be experienced by the human personality.

The vibratory frequencies of Light and Love can only be created by the "Mighty I AM Presence" and are the only rates of vibration, or radio waves, that can insulate or tune the consciousness of the individual out of the hypnotism of other human being's discordant thoughts, feelings, words and acts and their accumulation past and present.

Light and Love are the only vibratory frequencies that those, who do not serve the constructive way of Life dare not use, for to do so would be to annihilate their own nefarious activities.

Hypnotism is the domination of the human consciousness of one or more individuals, by the mere mental force of another individual or group. It acts by the power of suggestion through thought, feeling and spoken word.

Hypnotic control of an individual is very much more easily obtained, through the feeling than through the thought, because people do not know that this is possible and how it is accomplished. Most of mankind resent being dominated by the thought of another, but human beings are constantly being dominated through the feeling of discord, and because they do not see the cause that produces the feeling, allow it to control them to their distress and destruction.

Hypnotism through the feeling holds the mass

of mankind in bondage, because feeling is consciousness and the feeling of fear and uncertainty is the predominating consciousness of humanity today.

Any activity, that can stir the individual's consciousness into a disturbed feeling, is dominating him and his world and thus, using and controlling his Life and Energy as long as the individual allows that feeling to control him.

Anything that can disturb the feeling of an individual is stealing his Life's Energy to sustain itself, until the individual takes command of and holds control of his Power-House, which is his emotional body, and masters himself forever.

When he realizes what a tremendous reservoir of energy is his to use at any instant, and that pure joy is a Mighty Motor which generates limitless energy for his conscious direction, he will begin to glimpse his infinite possibilities and make the supreme effort to master himself.

Mankind is in its present condition, because it does not know that the individual must stand guard over all the energy in his being and world; and that he is responsible for the way he uses it—even for the energy he draws from the Universal through breathing. We should all realize deeply, that every breath we breathe is the Great Fire-Breath of Divine Love from the "Almighty I AM Presence."

Everyone uses tremendous energy all the time, waking and sleeping in every thought, feeling, word and act—ininitely more than we have any concept. All Life is a constant, infinite flow of energy, which the individual must either use to create and expand Perfection or be dominated by his own discord and that of others, until he will

fulfill his duty and obligation to Life, which is Himself—his own Individual Consciousness.

All hypnotism, no matter for what purpose it is used, is disobedience to the Law of Life—the “Mighty I AM Presence,” because it is the domination of individualized consciousness by mental force which intrudes upon the free will of the individual. The Law is to be an Outpouring of Light and Love to expand Perfection, through the individual’s consciousness.

Everyone is given Mastery over all energy, most of which is in his emotional body. Until he knows that and controls it completely, he is using his own Life to energize and sustain the very conditions of mind and body which are his distress and limitation.

An actor, consciously and at will, can generate any kind of feeling he desires to portray the character that he is representing. So can any and every human being generate consciously and at will, whatever feeling he desires to send forth, when he really is determined to do so; and there is no power in heaven or earth that can prevent him, when he calls his “Mighty I AM Presence” into action to release the feeling of Itself and Its Mastery through him to produce Perfection.

Destructive forces can only exist and have activity, because human beings waste their Energy—their very Life—through uncontrolled and discordant feeling, instead of using It to create Perfection.

The energy wasted by humanity in useless conversation every day is enough to lift and illumine a planet and its entire humanity, were it conserved and qualified with Perfection. The motto used in the Retreats for the students to follow has

always been: "Speak only, when thy words are more golden than thy silence."

Without energy, no destructive activity can come into existence or continue. So if the students of the "I AM" will guard all energy in their Beings and worlds, using it only to produce Perfection and qualifying it always with the Ascended Masters' Pure Divine Love, they can positively be Master of all conditions they contact. Then, instead of compelling by the mental force of the human will, as is the hypnotic practice of all destructive activity, they become Outpourings of such Mighty Perfection, that nothing can resist the Mighty Onrush of Its Presence and Power.

Therefore, the "Mighty I AM Presence" is the Law of Life and Its Conscious Application is obedience to the Activity of Divine Love, which means expanding Perfection, through all activities of the individual.

Thus, when all the energy flowing through the individual is sent forth with the command to produce Perfection, the "Mighty I AM Presence" is allowed to expand Its Light and Love and the Divine Plan for the individual is fulfilled.

The one who is determined enough to do this cannot lack for any good thing, because he becomes the limitless expansion of Light and Love—the fulness and limitless use of ALL good things to his Eternal Joy and Freedom.

This is Victory over all outer activity, Freedom for the individual everywhere he goes in the Universe, and the Ascension of the substance of this earth through the individual's own effort, into the more luminous activity of the Great Galaxy of Suns to which this system of worlds belongs.