



BELOVED Young People of America! we plead with you to guard your feelings against all discord and learn to conserve your energy in every way. If you will do this, you will maintain your youth, beauty, health and strength in mind, body and affairs—indefinitely.

You are a tremendous reservoir of energy, which becomes power through use, when consciously directed to produce Perfection.

If you will watch this carefully now, you need never grow old, forgetful or incapacitated in any way; for incapacity of any kind—be it physical, mental, emotional or spiritual is simply the lack of controlling the energy, and substance in your mind, body and world. Instead of consciously focusing it to produce Perfection, it is allowed to be scattered, wasted or consciously directed to produce discord.

With your acceptance and understanding of the “Mighty I AM Presence,” you do not need to repeat the mistakes, limitations and failures of old age, death and destruction, as has been the habit of humanity in the past. Instead, you can experience the Glory and Perfection of the Ascended Masters and be an Outpouring for Their Marvelous Directing Intelligence, to release Its Perfection everywhere through mankind and the earth,

to the joy of all and the Freedom and Victory of yourselves.

This opportunity is one of many centuries and every young person in America should be a radiant, glorious, joyful Being of Perfection to design and bring forth the transcendent marvels of the New Age, we have now entered.

Precious young people of America! we greet you everywhere. Those of you, who know the "Mighty I AM Presence," are the "Light Bearers" for America and we bless you hourly with the Ascended Masters' Protection, Illumination, Supply and Perfection, that America may be filled to overflowing with your limitless joy, Light and Perfection forever.

 THE TRUE 
LORD'S PRAYER

OUR FATHER THOU ART IN HEAVEN,
HALLOWED IS THY NAME (THE I AM).
THY KINGDOM IS COME, THY WILL IS
DONE ON EARTH, AS IT IS IN HEAVEN.
THOU GIVEST US THIS DAY OUR DAILY
BREAD AND FORGIVEST US OUR TRES-
PASSES, AS WE FORGIVE THOSE WHO TRES-
PASS AGAINST US. THOU LEADEST US NOT
INTO TEMPTATION BUT DELIVEREST US
FROM EVIL, FOR THINE IS THE KINGDOM,
THE POWER AND THE GLORY FOREVER.