



AM" Study Group Leaders, please make it plain to all new people that after receiving the fundamentals in the Beginners' Group, through the activity of Its

Outline, they are free to enter any of the other Study Groups, except the 100% Ones.

All students should have it made clear to them how necessary it is to read and study the books of the Saint Germain Series and "The Voice of the 'I AM'."

However, while they are reading and studying the books and magazines, still they can assist in the Group Activities for protecting America and correcting destructive conditions within our land, both locally and otherwise by following the Study Group Outline and giving their Decrees.

This enables each activity to keep expanding in its own natural safe way and all will receive the greatest help.

Group Leaders and all in our Study Groups, it is the Ascended Masters' direct Request and Instruction that all under this Radiation keep the physical body and clothing clean and free from body odors; and all should be careful about keeping the breath clean and sweet.

These might seem like personal things and rules for the individual to follow; but it is absolutely essential for the body to be clean inside and out, if the mind is to do its best work and give the greatest opportunity to the "I AM Presence" and the Ascended Masters to bring forth the Perfection all desire.

Perfection is Perfection and through a soiled garment the Light and Purity of the Ascended Masters or the "Mighty I AM Presence" does not shine.



## · DECREES ·

"Mighty I AM Presence" I call unto my Higher Mental Body and ask You to charge Your Golden Liquid Light into every joint in my body; and if there be an accumulation of substance which does not belong there, I ask you to dissolve that substance with the Liquid Golden Light and hold Thy Perfect Healing, by the harmonious power of Thy Light Substance in everyone of my joints.

"Mighty I AM Presence" reach out Your Hands and withdraw all the energy I have sent out this day that was not qualified with Ascended Master Light, Love and Perfection. Pass it through the Violet Consuming Flame, recharge it with the Ascended Masters' Light and Perfection and hold it to serve me tomorrow in the accomplishment of every constructive desire in my heart, and expand my accomplishment for the blessing of my fellow-man.