



**HE** blessed ones of the "I AM" School and Dormitories are to be congratulated at the progress which has been made over the last year and a half. There has been plenty to do; but we all grow only by that doing; and in the exercise of mastering the forces of the physical experiences, we release the energy from our own Life Stream qualified with the FEELING which is that MASTERY.

Therefore, beloved ones, let us set all things into Divine Order everywhere we move by full unconditional obedience in all our activities to the very highest requirements of the Ascended Masters and FEEL the great thrill of joy which such obedience always brings.

There are certain standards of behavior both at the school and in the dormitories which must be held absolutely inflexible. These are exactly the same personal courtesies toward each other that you would accord anyone or all of the Ascended Masters. It means that your personal behavior and everything you do every day in school, from the time you open your eyes in the morning until you close them at night **MUST BE PERFECT**. There is not one instant in between, when those requirements are not to be fulfilled.

Your first thought and FEELING when you awaken in the morning should be LOVE, GRATITUDE AND ADORATION to your own "Mighty I AM Presence," Saint Germain and the other Ascended Masters. Call your "Mighty I AM Presence" into action to charge you with all Its Perfection in everything you do. Then greet each of your associates in your room and those who are in charge of you, whether it be at the dormitories or the school, with a happy gracious: GOOD MORNING! Make it GOOD right to begin with by the kindness, Love and joy in your voice; just as if you said GOOD MORNING to Saint Germain or Jesus.

Bathe and dress yourselves with a joyous, rapid concentration which makes all know that you mean business and are attending to it in FULL PERFECTION. In all that you do, keep calling your "Mighty I AM Presence" into action to do it through you PERFECTLY, charging you with Its FULL VICTORY AND POWER OF LIGHT.

When the chimes ring to announce breakfast and you enter the dining room, remember! you are coming to the TABLE OF THE ASCENDED MASTERS. If you expect to sit in Saint Germain's Presence for a precipitated meal, every meal until that moment should be a preparation for His Coming. It should be a daily practice of the Refinement, Love, Courtesy, Beauty and Perfection which He is and which is His Way of Life! You cannot expect Him to want to dine with you, unless your table manners are the very best you can make them.

Remember, the Law of His Ray is that of Ordered Service—the Ritual of daily Life; the Dignity, Beauty, and Culture of His Octave of Life.

Some day, you must all be PERFECT enough to go into that Octave for He will never lower His Standards to the careless habits of the outer world. You must perfect yourselves by becoming like Him.

As you all stand behind your chairs in the dining room waiting to be seated, the boys and young men should seat the girls or ladies nearest to them and exert every effort to make yourselves helpful, agreeable and courteous in every way. No matter how much we have to do in this Activity, we always have time to be courteous, considerate and helpful in every way. That is Saint Germain's Natural Habit of feeling and action. Therefore, it must be ours too.

Do not bolt your food! Do not hurry! Tend strictly to business but take time enough to allow your food to be properly served, properly eaten and properly digested. Do not leave the table until you are completely finished. Be happy, relaxed and natural—Divinely natural, agreeable and thoughtful of others. At table, make definite effort to see that those around you are supplied and feel your responsibility in maintaining order, harmony, joy and all that will add to each one's enjoyment.

Every boy and young man in the "I AM" School and Dormitories should remember, that he is always an escort of the girl or young lady who is with him; for the "I AM" pupils are more than just children in school. You are representing the ASCENDED MASTERS' PERFECTION OF LIFE TO mankind. You must be the out-picturing of that Perfection some day and NOW is that day.

When the student body gathers around the

flag the first thing in the morning, stand facing the east and say: "*I face the Eternal Sunrise and noon-day blaze of my 'Mighty I AM Presence' and accept now Its Mighty Radiance and Activity visibly and tangibly manifest in my Being and world forever!*" Give the pledge of allegiance to OUR FLAG: "I pledge allegiance to the Flag of the United States of America and to the Republic for which It stands, One Nation Indivisible, with Liberty and Justice for all." Say the American's Creed: "I believe in the United States of America as a government of the people, by the people, for the people; whose just powers are derived from the consent of the governed; a democracy in a republic; a Sovereign Nation of many sovereign States; a PERFECT UNION, one and inseparable; established upon those principles of Freedom, equality, justice, and humanity for which the American patriots sacrificed their lives and fortunes.

I therefore believe it is my duty to My Country to love It; to support Its Constitution; to obey Its Laws; to respect Its Flag; and to defend It against all enemies."—William Tyler Page. Then proceed with the studies of the day.

The students should be as courteous to their fellow-students, instructors, parents and friends as they would to our Beloved Ascended Masters, Saint Germain, Jesus or any of the Great Beings Who help us.

The students who wish to visit various places for instruction must at all times be properly chaperoned by one or more of the instructors or the heads of the school or dormitories. The conventions of clean, refined, well cultured, spiritual

behavior must be maintained at all times; and loving, willing obedience is our unconditional requirement at every moment.

Next month, we will continue along this same line of direction, to help all bring forth PERFECTION harmoniously, permanently and happily.

· THINGS TO REMEMBER ·

*Life does not ask you to sacrifice any good thing! IT asks you to call forth EVERY GOOD THING to produce PERFECTION; for Jesus said: "BE YE PERFECT, EVEN AS YOUR FATHER IN HEAVEN IS PERFECT." You cannot be PERFECT when you are hungry, in rags or when you are uncomfortable. The Father, Jesus referred to, is your own "Mighty I AM Presence" which is the Owner and Giver of every good thing and never lacks for anything. The ONLY things you sacrifice in this Work are your troubles, your limitations, your pain and your problems. The word—SACRIFICE—means to make sacred by presenting to GOD. Then, if you will only sacrifice your troubles, by passing them into the Violet Consuming Flame of God, Which is your own "Mighty I AM Presence," then they do become sacred or all of God's PERFECTION. That is INTELLIGENCE! It is the LAW OF LIFE! It is the Grace Jesus taught! You cannot desire any Constructive thing without the action of Life. Then your call to your "Mighty I AM Presence" is LIFE calling forth COMPLETE FREEDOM within your human or through your human form. Never use the words "I wonder." When you wonder, the energy in your FEELING wavers and there is no pressure to drive it forth in stream of force to do what you want. Doubt is this action of energy.*