

· GEMS OF LIGHT ·

*Saint Germain:*

*"Few can realize really what determined application means. Anyone could set himself free so quickly, if he would really just enter into and make that dynamic application, and everyone needs more or less of it; because when one is up against the suggestions of the outer world they need dynamic application. I do not mean by that too prolonged application, but to give snappy and powerful application two, three, four or five times a day for ten or fifteen minutes is more powerful than too prolonged application, until one loses the power of it."*

*Saint Germain:*

*"The physical wants to find all kinds of excuses to think it is exhausted. If it can get the suggestion working it wants to just be so determined that it needs rest; that it becomes exhausted with a little exertion and all that kind of thing, which is not the case."*

*Saint Germain:*

*I say to you—"Make your powerful dynamic application. Most of you are doing it, but the rest of you must feel the need. Do not leave it to your Presence or Me to do the work which by your application you are required to do. So much application is required of each one to enable Us to release the Assistance that you would like to have; but We cannot go beyond the bounds of that which your application enables Us to give. So remember, it is important for you to make your dynamic application in order to give Us the opportunity to do the things We would love to do for you."*