



E ask all "I AM" Study Groups to retain and expand the momentum which has been built thruout the world, among all Saint Germain's "I AM" Study Groups, of closing each Group Meeting

after the Group Leader has given the Benediction, by speaking and pouring out your Love, Gratitude and Blessing to your Group Leader, as is done by the entire student body thru the Large Classes at the Shrine Auditorium in Los Angeles.

Let no student try to shut off the expansion of the Light, thru the hearts and feelings of the "I AM" Students, by trying to stop them giving a Blessing of Love and Gratitude from their own "I AM Presence" to their own Group Leaders, the Ascended Master, the Messengers and all "I AM" Students and Group Leaders thruout the world!

That is an inexcusable deliberate interference with what Saint Germain and the Other Ascended Masters have said for more than four years, in regard to letting the "I AM" Students express their Love and Gratitude to whoever has brought them Light and Blessing, and especially thru the Group

Meeting.

It does not mean that the students should jump up and down every few moments, and clap their hands when something pleases them but it does mean that the "I AM" Students shall have their Freedom to release their Love, Gratitude and Appreciation when some intensely sincere effort and blessing of the Great Light has been poured out to assist them from their Group Leaders or from the Ascended Masters, the Messengers or the Staff.

Saint Germain, Jesus, Daddy and many of the Other Ascended Masters have said repeatedly for over four years that in a sudden Out-pouring of Love, Gratitude and Appreciation from the Students, thru suddenly rising to their feet and clapping their hands, many times the Ascended Masters can pour thru their minds and bodies, Their Greater Love and Blessings to the Students to heal and bless them beyond anything they

can comprehend at the present time; which is not given when

the body is in a sitting position!

No student's desire nor that of any Group is going to overrule nor limit the release of Light and Blessings to the Students from the Ascended Masters; and no old custom of stereotyped repression is going to govern the conduct of the Study Groups of the "I AM" Activities of Saint Germain!

The behaviour of the "I AM" Students and their conduct in a Group Meeting and everywhere else is at all times to be dignified, gracious, kindly and natural, sincere and intensely devotional but when human beings refuse to outwardly acknowledge and be grateful to the "Mighty I AM Presence," the Ascended Host, the Cosmic Beings and the channels thru whom Life gives us Light, Love and Blessings, then they lock the door on their own minds, bodies and worlds to the acceptance of the good they desire.

Kindness, forgiveness, gratitude, Loving co-operation, consideration and outward acknowledgement of the good we receive, is absolutely necessary and is required by the Law of Life if we are to open the flood-gates to all good, which we are all trying to bring forth for all "I AM" Students and all constructive people of the world. It is just as necessary to acknowledge and thank the channel as it is Our God-Source, Who is the Giver of all good. Our Source and Giver of our Life and all good is the "Mighty I AM Presence," the Great Host of Ascended Masters and the Angelic Host.

The channel who brings us that good is selected by Life, the "Mighty I AM Presence" or the Ascended Masters! The channel is the "Cup" which carries the Blessing to us and the Law of Life requires, that we bless every channel as well the City and the City.

as the Giver and the Gift.

Therefore, at the close of all Study Group Meetings, let all the "I AM" Students stand and say to their Group Leader:

God bless you! God bless you! We love you! We love you! We love you! We thank you! We thank you! We thank you! We thank you! Saint Germain, Jesus, Daddy, Nada and the Great Divine Director—all the Ascended Masters, the Angelic Host, Cosmic Beings and Forces of the Elements, Mama, Don, the Staff, all other Group Leaders and "I AM" Students thruout the world and our own Beloved America too!

Forever! Forever! and Forever!

The Group Leader should stand in sincere humility and gratitude with head bowed and silently offer the Out-pouring

from the students, up to the "I AM Presence" and the As-

cended Masters' Octave of Light.

There is no reason on earth, why any human being should not want to speak that Blessing aloud with the other students or to clap their hands and release that energy charged with Joy, Love and Gratitude for the good they have received!

In the outer world, the audiences at symphony concerts express their appreciation audibly. Is there anyone under This Radiation who should want to do less than that—for the Group Leaders or for the Great Beings who have given us so much of good thru this Glorious "I AM" Activity of Saint Germain or to any of those who are trying to hold this Light of the Ascended Masters, to help mankind out of the distress of the outer world this hour?

Remember we cannot possibly lose by giving! It is not possible! and there is no person on earth so poor, that he or she cannot give the Blessing of Love and Gratitude from Life for the Mighty Gifts and Activity of Light, whether that Light be mental, physical or spiritual, which after all are one—for there is ONLY ONE Light!

Our Beloved Sanat Kumara said regarding gratitude in His

Dictation of July 30, 1939 in Los Angeles:

"What do you think I could have done, had the Great Cosmic Law permitted the Intercessions from the Great Central Source of Intelligence and Power to this System of worlds, to be given then as to-day? Do you realize, my beloved students, that this did not come from the Great Source of Light and Intelligence of Its own volition? Do you not realize, that this came thru the Intercession of These Great Ones, Who are pouring forth Their Blessings to you? I wish you to understand this to-night! This came about by the call and the Intercession of Those Great Ones, going to the Great Central Source of Power and Intelligence to this earth! Their Requests were granted!

"I say something very important to you: Unless you see and understand this, you cannot release the GRATITUDE required—to bring about the speed of action of the Inner Powers of your own Being, which bring you the release, the supply and

the conditions that you require for your Freedom.

"This I assert, to-night, with very great vehemence! You have the Assistance in this call to Light, to lift yourselves so quickly out of limitations, into the conditions of Freedom and your Ascension. The laws of earth are no longer governing you! The magnetic pull of earth—I mean so far as your

spiritual progress is concerned! I am not speaking of the outer laws, because you must always obey them when they are constructive but I am talking about your Freedom in the Light!"

Our Beloved Saint Germain said in His Dictation of De-

cember 25, 1937, as follows:

"I have known the human activity of individuals who have projected the idea of personality worship at the students during the classes; and at the Messengers and especially the students in various parts of the country. That is wholly a projected thing and I want all of you near the Heart Center to know such a thing is impossible. Do not ever, beloved ones, withhold from the students the opportunity of expressing their Love in whatever manner they wish. You are depriving the people when you try to be the regulator of it; so let the people be Free to do exactly what they feel to do. Their Love won't harm the Messengers. On the other hand, every ounce of Love that is poured out to the Messengers, is that much Freedom to the students everywhere!"

The Ascended Masters want the "I AM" Students of Saint Germain, to be Pure, Refined, Happy, Intelligent, Natural and Gloriously, Divinely Free; but They are also determined that the old shell of human regulation and interference with the Full Release of God's Blessings is going to be shattered and the Victory and Power of Light pour out their Perfection, until no human quality remains to any longer try to keep the Light from having Its Full Expansion thru everyone's Heart!

There are places in every outline and Group Meeting, where the students can pour their Love and Gratitude in Silence to the Presence and the Great Host of Light but that does not take the place of audible expression of those qualities nor the release of the Joyously Gratified Energy.

MRS. G. W. BALLARD AND DONALD.





