

BELOVED MIGHTY ARIES' DISCOURSE
EURAY, COLORADO

FEBRUARY 18, 1945

EVENING



BELOVED FLAMES of God travelling the way of earth, I have come thru the ethers tonight, to give whatever Assistance I may to illumine your minds and show you the Action of the Air Element within your minds, your bodies and within the atmosphere of earth; so there may come forth more readily the Full Illumination for which you call and for which the world is waiting.

Since the Illumination of the mind comes about thru the Activity of the Element of the Air, naturally one of My Great Services to the earth, is that of bringing Inspiration from the Octaves of Light. It enables mankind to draw forth into outer activity those Mightier Manifestations from Our Octave. This Illumination brings into the use of mankind everywhere, more of the Great God Powers of Manifestation, so long as they use them for the Constructive Way of Life to fulfill the Divine Plan.

Since you are entering into a Golden Age wherein the Element of the Air becomes very important to mankind, I want to give every Assistance possible to all of you under This Radiation; so you may have Our Protection and Our Powerful Inspiration in using the Great Gifts of Life, to bring into outer manifestation aerial transportation and other activities of the air which will bring mankind together in closer contact, for much more harmonious accomplishment.

In the Instruction which each One of the Cosmic Beings who directs the Forces of the Elements, has brought to you, and in that which I will give tonight, you have the Explanation of what has been referred to as the Corner Stone of the Temple. The Four Elements are required in the building of any manifestation in the Planetary System, not only in this world, your Sun and the planets around it; but in every Planetary System, the use of the Four Elements is the Fundamental Structure of Creation. Since the Activity of the air is that which enfolds any manifestation, It becomes the Radiance or aura, so to speak, of whatever is to be drawn forth.

The atmosphere of a planet, like the atmosphere of an individual, is composed of the Radiation from the planet and its mankind, just the same as your atmosphere is composed of the radiation from your physical body and your Inner Bodies. The Element of the Air is that which sets into action the cellular structure and keeps it in rhythmic pulsation, so the Release of the Life

Wave as It comes from the "Mighty I AM Presence" goes forth into outer manifestation at intervals; and after It has released Its Wave of Light, the atomic structure draws back the balance into the body of the Electronic Force in the air.

Therefore, it is quite important that you understand something about the Fire Breath of God; because that is what I represent to the earth. The Pulsations of Light coming from your Presence are the release of the Fire Element and the Substance of Light from your own Individual Life Flame in the Electronic Body. That pours forth of Itself to the Universe around It and in order to hold a balance, the Universe around It gives back to you Its Electronic Force also. Thus It completes the out-going and in-coming breath; and that is what sets up the Action of Life within the atomic structure of a physical form; because you do not move about as an Individualized Being until you have drawn in your first breath from this physical world into your lungs. Then you become an Individualized Being functioning independently. Until there is the Element of the Air coming into your physical structure, it is not a complete manifestation.

Therefore, in understanding each Activity of the Four Elements, I want you to feel that the Fire Element flows thru all and that Electronic Force is what has been referred to as the "Fire-breath of the Almighty." It takes the Sacred Fire within every Element to make it a channel of Action and service to Life which enables manifestation to take place. If you are to have form and substance in this world, then there must be the Four Elements within the form and those Four Elements must work in Perfect Harmony with each other. Three of those Elements form a "Cup" into which the Flame descends when Action and re-action begin to take place. Then the Expansion of the Great Out-pouring of the Flame to bless All Creation, draws back all Blessings to the one thru whom It flows.

Now you are entering into what you might call the "Air Age," because of that which is to come to the earth thru the air. It is necessary that the mental bodies of mankind—I am speaking of the intellectual consciousness now—the outer activities of the minds of mankind, be clarified, purified and illumined by the Light which comes within the Air Element. That is imperative, because the mental body in its condensation of the substance of which it is composed, is made of the Electronic Force of the Element of the Air.

We do not want to go too deep into the Explanation of these Inner Bodies, yet it is necessary that you understand some of

these Inner Activities. Realize that your "Mighty I AM Presence" as the Unfed Flame from the Heart of the Great Central Sun, is the Directing Intelligence and the Controlling Individualized Free Will, which governs the other Elements from within the Flame. Yet they are played upon also by the Four Elements in the world about you, and in that way, the Flame is always the Master Element of the Four.

The Unfed Flame in your Heart, the Seven-fold Flame in your forehead, the Flame in your Higher Mental Body, the Flame in your Electronic Body; every Action of that Fire Element is the Directing Intelligence and the Master Control of all the other Elements, whether they be within you or the world about you. Therefore, they are controlled by the Fire Element, because there is some of the Electronic Force of the Fire Element within every other Element.

When you move into a Cycle wherein Illumination must come to the minds of mankind, there always comes into the atmosphere of earth, the Cosmic Light-Substance to which you have heard Saint Germain refer. A certain Group of Ascended Masters consciously draw It forth from the Great Central Sun and qualify It with certain Specific Activities and charge It into the earth, and into the minds and bodies of mankind.

Just as all mankind requires Illumination thru Saint Germain's "I AM" Activities, in the Full Explanation of where the "I AM Presence" is, what It can do for you, and what your obligation and responsibility is today; just so do the minds of mankind and the atmosphere of earth have to receive that Cosmic Light-Substance which consumes all human discord and brings Illumination into the Substance of the Air Element. Mankind thru their discord and impurity, are constantly throwing off into the Air Element thru radiation, various feelings and human qualities which they have generated.

We have to handle that. It forms a density of vibratory action in the air which you breathe. It is the density in the atmosphere of earth up to a certain altitude, which prevents mankind from hearing at a distance, seeing at a distance, or comprehending what is within the upper atmosphere that enfolds the earth.

Since "I AM" is in charge of the Air Element which enfolds the planet and interpenetrates it and also all mankind's bodies, then the purification of the atmosphere of the earth is part of My responsibility to Saint Germain! As the Mighty Himalaya joins Me in that Service to mankind and the earth, there is certain

Light which has to come forth into the consciousness of mankind, in order to accomplish that Purification. As the Light comes within the human intellect and thru the brain structure of mankind's physical bodies, will you find human concepts dissolving and giving way before the True Wisdom from the Higher Mental Body, and the Radiation and Illumination which comes from the Ascended Masters and Cosmic Beings!

The Light flowing into the brain from the Higher Mental Body, is so obstructed, because of the radiation of what is in the atmosphere of earth, that mankind has very little comprehension of the Action of Light. I am speaking of mankind en masse, not yourselves; but the mass of mankind has little or no comprehension of the Action of Light in the atmosphere; or of the action of mankind's radiation into the atmosphere.

The Beings of the Air are the Bearers of the Electronic Force with which mankind is blest, and which they must use constantly, in order to hold the balance within the atomic structure. There is always a Balance of the Pressure of the Electronic Substance and of Light. If the Presence releases a certain Pressure thru the heart-beat which acts from within out thru the atomic structure, then I, thru the atmosphere of earth, release a corresponding pressure as the individual breathes in the Electronic Force in the air; and it is to help hold that balance upon the structure of the earth itself, that We every so often have to come forth and intensify the Action of the Fire Element thru the air, in order to consume the discord that mankind is constantly generating.

It is bad enough during the time when there is no war, but during the years when there is a frightful war going on, My dear ones, from Our Standpoint that is a terrific thing to come upon a Planet. Mankind has no concept of what they do to God's Creation thru that continued release into the atmosphere, of destructive vicious feelings and the explosives which are God's Energy only to destroy.

Therefore, the Cosmic Light-Substance which the Ascended Ones have drawn and are releasing in Waves of Pressure, is as much Light as the earth can stand at one time. That Electronic Force is charged into the atmosphere and becomes not only a Consuming Power to take out the discordantly qualified substance and consume it; but it becomes the release of pressure against those destructive forces which compels them to remain upon the surface of the earth and within a certain altitude above the surface.

The explosives of war, thank the Great God Presence of Life, cannot reach beyond a certain altitude and it is well that they cannot; because in that upper atmosphere is Our Great Purity and Power of Electronic Force. From the Ascended Masters' Octave, comes the Cosmic Light-Substance, and as It is charged more and more into the lower atmosphere of earth, their own discordant substance is compelled back upon the destructive forces. As the Cosmic Light increases, that will crowd back more and more until they will find it impossible to not only expand their destructive activities, but even to move.

The radio and the airplane are marvelous inventions, but mankind has done such untold damage to the atmosphere of earth with both, it is no wonder the Cosmic Law during certain Cycles of Activity, forbids the coming forth of greater knowledge and greater power, until mankind has learned to use what has already been given them constructively.

In regard to the use of the Air Element within your bodies, you have heard Saint Germain's Instruction concerning the use of the breath—the balancing breath, the energizing breath and the rhythmic breath—the only three breaths He has ever given. My dear ones, if you want to charge your bodies with the Fire Element or rather the Electronic Force in the air, you can compel yourselves by the use of those three breaths and holding of your attention unwaveringly on the "Mighty I AM Presence" to bring balance within the body if you want to. You can stop pain anywhere in the body by the use of the Balancing Breath and your "I AM Presence" command, if you give It full Power. Saint Germain has given these breaths for your Freedom. This Messenger has explained them again and again, but the Student Body does not take them up and use them; and I cannot do much for you in the use of the Element of the Air, if you don't use what you have already been given.

If there is something within you that rebels against doing that or just don't want to do it, then We can only go just so far. You are constructed, mechanically speaking, so that the breath alternates from one side to the other. When you breathe in on the left side of the body and hold the right nostril, you draw the Light-Substance from your own "I AM Presence" as you do that, and it flows from within out, as you exhale the physical breath. If you are using the rhythmic or balancing breath, the next breath you draw in on the right side. That compels the release of the air into the body, first from the left side thru the nerves of that portion of the body, and the next time thru the

nerves on the right side. It simply keeps sweeping out the tension and obstruction, until there is the natural unobstructed flow of the Light from your "Mighty I AM Presence" and from the air into your bodies, and then out into the atmosphere about you.

If anyone who is tired, would use the Energizing Breath which this Messenger has given time and time again, and regularly night and morning charge the clear radiant Ascended Master Herculean Strength and Energy into your bodies and then give your Decrees, you cannot feel exhaustion! There is an abundance of Universal Energy in the atmosphere about you. There is Unlimited Energy in the Flame in your own heart! There is Unlimited Energy in the Seven-fold Flame of the Elohim placed within your forehead! There is Unlimited Energy from your Higher Mental Body and your Electronic Presence! There is no reason on earth for those under This Radiation, if they will use what they have been given, cannot feel in absolutely Perfect condition at all times.

If you don't want to, don't misunderstand Me, I shall not intrude, but the help has been given and if you struggle under the lack of energy or distress in the body, it is because you are simply not using that which has been given to you. If you lack for energy when you are surrounded by these wonderful mountains, when you have been told where your "I AM Presence" is, and you have been giving these calls, well then it is like a fish in water that is thirsty.

I am trying to get you tonight to see that you move every moment in an Ocean of Life's Blessings, but if you don't take them into yourselves, dear ones, it is because somewhere there is rebellion within you. If that rebellion is in the human feelings, then tonight let Me have it. I will take it from you and let you have a clear opening to receive all the Blessings that are contained within the Element of the Air.

May I say to you tonight, if you expect to have Uninterrupted Harmony in your mental and feeling world or in your affairs, you must have balance in your affairs. If you are going to have an abundance of everything, or to be the custodian of a great deal of wealth for the Expansion of the Light, then you must have Uninterrupted Harmony in your feelings. If there is anything in you which resents something, then it disturbs your feelings and interrupts the Harmony. Seeing as I do so often, feelings within individuals, which they would not admit for anything in the world, I know what forces are acting and they do not. Could you stand in front of a mirror which would show you the color

of your feelings the moment you felt them, you would never need but one day's lesson.

I wish all of you for your own sake, would definitely take up a decree to annihilate all resentment and rebellion within you. No matter what it is against. Just annihilate it and replace it with the Unfed Flame which is the Divine Plan, fulfilled thru Cosmic Love, Wisdom and Power, and that means Self-control and Balance! The reason is, I want you to come to the point where your bodies are your loving, gracious servants and you their masters in that kindly wise Dominion, which a Real Master exerts, so you become a Two-fold Activity to serve Life and then just be at peace.

This is the most marvelous atmosphere up here, My dear beloved ones, in which to gain your Freedom and I say to you, if you cannot be happy here, God help you! If there is anything in this Magnificent Heart of God's Love that makes you unhappy, then that is within yourselves, not in the air which I provide up here. Disturbance is not in the beauty and strength in these mountains. There is no disturbance up here to your Inner feelings. You should come first into the Love and Light of your own Beloved "Mighty I AM Presence"—into God's Heart and abide within that Love and Stillness. Let It be absorbed into every particle of your beings, and then you could go forth charged with Its Power and Its Radiance to help others wherever you move; just by your Radiation alone, let alone your explanation of the Law. If you will become the Master of the Four Elements within you and abide in that poised Self-control, We can take you many, many places, apparently on some outer world pretext. Yet by your Radiation there will be set into action in other Life Streams, an Illumination which will enable their Higher Mental Bodies to take hold and awaken them to this Law; and weeks or months later come into this "I AM" Activity with a great Love and Devotion which will give them very rapid attainment. That can come if you have mastered the Four Elements in yourselves and will pour forth Perfect Balance thru your feeling of that Radiation!

There are many ways and means of conveying thru the air many things that yet you do not know exist. The Ascended Masters and Cosmic Beings have much help to give you from the atmosphere that you breathe; and one of the most magnificent enjoyable experiences that any student on the path can have is to reach that Inner quiet and Balance within themselves, wherein they radiate the Peace of the Inner Stillness and as they go

deeper within It, they can hear the "I AM" Music of the Spheres.

Now let Me explain to you. You don't ordinarily hear that, simply because your attention is on the things of this octave. You are thinking about the things of the outer world; but if you were able—and many of you are sometimes, to become so still in the outer, you would hear the Inner Music. If you will train yourselves to get so still inside, that the Inner Quiet becomes like a Great Powerhouse of Stillness within you; when you have really settled your feelings and really settled the discord in your feelings, you will automatically hear the "I AM" Music of the Spheres; because every shadow, every rate of vibration that is not the Great Happiness, Harmony and Balance of Life is really a Shadow, that stands between you and the Light of your "I AM Presence"; for it is an interruption in the continued Harmony which if held within the stillness, would open the Door into the "I AM" Music of the Spheres.

It will not be a very difficult thing, My dear ones, as you call forth more purification of these bodies, by the use of the Violet Flame and the Blue Lightning of Cosmic Purity, it should be no trouble at all, for every one in this room in the great quiet and Peace of that Inner Devotion, to consciously and at will at any moment, just be still and tune into the vibratory action of that "I AM" Music which is in the atmosphere about you.

I am going to touch upon something which I do not wish to explain fully at this time, yet I want to give you a fragment of an idea of the Blessings which are yours, when you realize that you can draw forth into your bodies thru your breath, any particular activity upon which you place your attention. In the Upper Atmosphere of the earth, above the majority of the human creation, move great numbers of the Ascended Masters and at intervals also the Cosmic Beings, the Legions of Light and the Angelic Host. About you all the time in the atmosphere of earth, are the Beings of the Elements of the Air.

It is not exactly My Province to do this, but "I AM" sure you have had part of this information before. I offer you a Reminder to call to Oromasis more often to blaze His Fire Element thru the air in any room where there are a great many people. He has waited for calls, and you have been reminded occasionally. I know you have been very busy with other activities, but These Beings are ready, My dear ones, to pour forth—now mark you—Their Service to you and the earth, and to all upon it, as They keep shedding down Their Light, Their Substance, Their Activity of the Sacred Fire; Their Love and

all the Perfection that is the attainment of Their Own Life Streams. They pour that into your Inner Bodies and into the atmosphere about you, as you have seen the snow come into this Canyon during these snow storms, just as thick as that, is Their Light-Substance; Their Love, Their Blessings and the Sacred Fire poured to those who have given such Activities conscious recognition.

As you place your attention upon any special Activity of the Sacred Fire, the Cosmic Light, or whatever you desire, upon any Ascended Master or Cosmic Being, use the energizing Breath. While you hold it and your attention and Love goes to any One of Those Beings, ask that One to fill you with all that He or She can give. While you hold the breath within the physical form and your attention is upon Those Beings, you are directly connected with Their Life Streams and Their Response to you is instantaneous; for They build into your flesh structure that instant, whatever you call forth from Their Octave in the way of Assistance.

I want to take up something tonight with all of you which will help you greatly, because I know from the way I hear you breathe, that your Inner Bodies are not at ease! A lot of that obstruction is due to habit, which you can consciously control, but if there were greater relaxation in your emotional bodies; and you would go deep into the Stillness, it would allow the Light to come into you without interruption. Then, you would come to the point where your breathing would be so balanced, that you would be scarcely aware of it. Most of the reason for some of your struggle in this altitude is not so much the altitude as it is excess substance in the body; because if the body were free from all excess substance—all it did not need, the greater energy up here would flow thru you with Perfect ease. If there were Harmony in the emotional body and you were using your purifying activities of the Violet Consuming Flame and Spiral Blue Flame, there would naturally be no obstruction. When your breathing comes in and out in Perfect Balance, the feelings maintain Harmony without interruption and you give your great Love to Life without your attention upon the Heights, My dear ones, you can give without limit and there is no sense of exhaustion.

We want you to come, precious ones, to the point where this struggle ceases. If the muscles and nerves of your bodies are all tightened up, you are fighting yourselves, that is all I can say; because that tension within the muscular structure of the

body, is proof that the feelings have been under strain; therefore, they are not relaxed. Then the Harmony is not held uninterrupted. "I AM" going to help you tonight, because I see you need it, and it will give you great, great Release.

In this altitude, with the Harmony and Love maintained in this building, there is not one of you who could not build a completely new body within a few months. It would not take a year. If you were to maintain that Poised Blessing to all Life, and sometime each day you go so deep into the Silence that everything became at ease within you, you would begin to hear the "I AM" Music of the Spheres. There is no greater Remedial Agent in the world.

The "I AM" Music of the Spheres, My dear ones, can relax you, can heal you, can purify you, and can bring into your bodies the Pure Electronic Substance of the Element of the air.

Did you know or realize that you must have the Air as a means of conveyance of the "I AM" Music of the Spheres? "I AM" not vying with Virgo, nor Neptune nor Helios, and We are all quite necessary One as much as another—all Four of Us are necessary to produce the Manifestations in the physical world; but if you did not have the Element of the Air, you would have no way and means of producing sound or hearing the "I AM" Music of the Spheres.

Your Temple of Life is constructed of the Four Elements, each one of which is necessary, each one of which must be held in Perfect Balance; but My dear ones, I want your feeling world, your Inner Feeling to become at ease. I want you to be so at rest while you are in action that you rest within the Harmony of the Heart of Creation; you rest within the Song of the Light. That is what that term means.

If you can command the Elements within your bodies to just be still, while you listen to the "I AM" Music of the Spheres, half an hour of Complete Stillness and the hearing of those Magnificent Sounds in the Upper Atmosphere of earth and in the Octaves of Light, would give you Strength, Energy and Power, enough to go on for days and days without exhaustion.

What do you think is the purpose in the Universe of the "I AM" Music of such Magnitude as this Messenger heard the first night the Elohim of Peace dictated in Chicago a year ago, when after that Dictation she came home and said it sounded like an hundred organs. What do you think is the purpose of those Manifestations in the Upper Atmosphere of the earth, if they are not supposed to come into the lower atmosphere of earth and

heal, purify, illumine and perfect mankind? Why would they be in existence, if it were not to lift mankind into a like Perfection? The day that Those Melodies, in the Fulness of Their Gigantic Composition, come into the outer use and hearing of mankind, every one and everything on earth will feel the Raising Power of that Sound. Those Compositions are already waiting at the Inner Level to come into outer manifestation, to charge the air you breathe with their Harmony and their Love, with their Magnificent Peace and purifying Power. Then will you realize what is at the Heart of Creation! That Sound pouring forth thru the lower atmosphere of earth as surely consumes the discord, as the snow storm consumes the impurities.

I want you, My loved ones, who have struggled and come this far in the Light; you who have tried so hard in the midst of great distress to hold to the Light and do the best you could, I want you now to come to a point of rest, and that does not mean inertia. It does not mean to just sit down in the corner and do nothing or just sleep. That is not the Perfection of Life. Our Life neither slumbers nor sleeps, but is perpetual motion, but you can rest in action as surely as your heart beats.

Your heart beats for a second, releases its Life, then it rests for an instant, then it releases the next beat and rests an instant, and you can do likewise. I want to bring you to the point where whatever you do, you will do it with so much happiness and Freedom that you will never know exhaustion; and that does not mean you stay up all night either. It means, you will do what is necessary in the waking hours thru the physical form and when midnight comes lay the body down, step out and continue to draw Greater Power while the body is quiet; go ahead with Magnificent Accomplishment at the Inner Level and bring back the Full Conscious Knowledge of it on awakening in the morning; and charge each day as it comes to pass with all the greater Power that you use out at night. Then, each day your bodies should be better; each day there should be more wealth in your world; each day there should be more joy, power and victorious accomplishment; each day the action of the Divine Plan Fulfilled should be in the outer activity more magnificent in its accomplishment.

Now, since I represent Inspiration to the mind, "I AM" giving you Ideas tonight, which if you will remember them and remember to use them, these bodies of yours can be free from their obstruction; and I perceive that some of them still have considerable obstruction. May I remove from your minds also

the idea, that because you decree two or three hours, or suppose you decree four or five hours, what about it! That should be a release thru you, the same as the joy of song. You have had manifestations since you came up here, of what can be poured out to you by the Ascended Beings, when you sing in great happiness some composition which has come thru. You all felt better the other night after you sang to the Snow King, didn't you? You all felt better when you were first singing to the Lord the Maha Chohan. That means you can energize the body in singing; well in heaven's name why wouldn't your Decrees energize your bodies also? If you let go of the idea that what you are doing is work and strain and struggle, or you are not strong enough to stand it. Oh My dear ones, you are plenty strong enough to stand it, when you wish to express opinions and do what you please to do, or become domineering or irritated.

Tonight, I will make an agreement with you, if "I AM" not intruding into your world; if you will breathe these breaths and maintain the Uninterrupted Harmony, I shall see that there is enough Light comes into you to make any constructive thing you wish to do an enjoyment of your Service to Life, and take away from you the sense of struggle. Now "I AM" going to tell you why you get tied to things that exhaust you. You work with your stomachs instead of the Unfed Flame in your hearts. The Unfed Flame cannot be exhausted, but if you become hurried or under tension while you are doing something physically and the energy from the solar plexus becomes fastened as it were to whatever you are doing, then your energy goes into that and after a certain length of time you feel tired. Now I will help you to change that habit; so whatever you do, don't do it with carelessness, but do it like these birds fly thru the air.

Isn't it amazing the Activities that are within Life! A tiny bird can fly head on into a blizzard and it makes progress; it goes where it wants to go without obstruction, because it obeys the Law of its own being. These magnificent birds, the eagles and these other birds you have in this Canyon, those tiny bodies stand against the wind and they go forward against it. Won't you become as Free as the birds? Won't you become as obedient to your "I AM Presence" as they are to the Law of their being? Oh, you want to give obedience, I have never questioned that, you really do! That has been sincere and deep within every one of you, but precious ones, how long has it been since you were first told that it is the feeling of struggle within you, that makes the struggle! Saint Germain said that in the

"I AM" Discourses, didn't He? You have had those ten years, some of you longer. Now won't you let Me have your feeling of struggle? Because I want to get you to the place where on a moment's notice you can be perfectly still; and if you wish to attune to some of the "I AM" Music of the Spheres or receive that which is within the Light, you will be able to see the Light and then await what It has to give you. I want you to do that as easily as you eat your meals. I want you to feel the Mastery which is within yourselves. The reason for this is not just to perfect your own bodies. There are those of the Ascended Masters who are working in the atmosphere of earth continually, thruout the whole world; and much of what is coming forth in America is being charged forth into the mental and feeling world of the rest of mankind everywhere; because as the Cosmic Light-Substance comes into this lower atmosphere, It energizes everything Constructive that you send forth.

The Mighty Himalaya together with Others of the Ascended Masters, know how to direct the Power which you are releasing thru your "I AM" Decrees, into the mental and feeling world of those of mankind who have Great Light in the other Nations of the world. They direct that consciously thru the atmosphere of earth! It is charged thru the atmosphere in a Tunnel of Light, and if you were to become still enough, you could see the person at the other end of that Tunnel. If you went deeper into the Stillness, you could hear that one speak. Just as any of you can train yourselves to do that, so do the Ascended Masters help one Nation thru another Nation with whatever Light is drawn forth consciously. When those who have Conscious Understanding of this Law send forth their "I AM" Decrees, the Ascended Masters can direct that Light thru the others anywhere within Their Own Light Rays. They can release that Substance of Light and Consciousness into the other Nations where Others of the Ascended Masters are giving Assistance and desire that knowledge to go.

You might say to Me, why does not the Master there give that knowledge Himself? Because, My dear ones, thru this which you are drawing forth in your "I AM" Decrees, thru your conscious knowledge, and while these Dictations are going on, there flows from your own "I AM Presence" and the Master giving the Dictation, that which is the answer to your calls! The Fulfillment of those calls is your conscious direction of that Greater Light which you want to draw forth here; and We but amplify that and direct it to other Nations of the world, to those

who have great Light within them; for their protection and the assistance which they can give to that Nation.

The Element of the Air is perhaps the most easily purified of the three Elements, because the Fire Element can pass thru it so easily. It is a very easy matter, My dear ones, to purify the air that you breathe in the room. You have had plenty of manifestations of it here. You use your Violet Consuming Flame and you have called forth the Purifying Light Substance very powerfully; for as you step out on that porch, you can smell the ozone which is released by the Violet Consuming Flame! So can you change the fragrance in a room by your "I AM" Decrees. Now do you tell Me I don't answer you? Do you tell Me that the Element of Air is not important to you?

Then, you can just as easily have the Marvelous Fragrance from Our Octave of any specific fragrance which delights you and is harmonious to you. We can just as easily release that into the room as the ozone from your Violet Flame. When you give it as much recognition as you have that, it will be the Natural Fragrance around your bodies and just as natural as breathing. These are the Inner Powers of Life that We want you to have.

We want to give you greater Freedom, precious ones, and as you understand more deeply the Action of each one of the Four Elements, you will come into the acknowledgment of calling forth the Master Powers of Life into action daily in everything you do, so you may watch the manifestations come forth quickly. Then will you begin to feel within yourselves the Master Power of all that rests within Uninterrupted Harmony, because It can direct as It pleases, the Forces of Creation. Then It manifests Perfection everywhere, whether it be in your bodies or the atmosphere about you.

My dear ones, We want your Inner Bodies to be at ease. Then as those of the outer world come near you, when they come within a radius sometimes of fifty feet, they will begin to feel the Ease of your feeling world. Then is your opportunity to help them with Gigantic Power, and in that help you will know naught but joy.

I want so much to bring you the Joy that is the Natural Outpouring of your own Life when obstruction is removed. I can offer you no greater Blessing than the Fire Breath of the Almighty! That is what it is My Privilege to direct to the earth. I draw the Element of the Air, the Fire Breath of the Flame; in other words, the Radiation of the Unfed Flame from the Central Sun, I draw into a Substance that is the atmosphere of earth. You can breathe

that in and just gently, Its Light and Its Vibratory Action harmonizes everything within you and brings about the balance, which enables you to maintain Harmony without interruption.

Precious ones, you are doing remarkably well, but don't rest on your oars. We want your Harmony to be uninterrupted and so powerful, that as you dwell within it and you turn your attention to the Heights, then manifestations will come to give you a much greater choice of outer activity. Those manifestations will come thru quickly, and carry with them automatic protection—automatic thus far, in that when you ask for any greater Manifestations or the use of the greater Powers of Life, you will automatically call forth Protection! Charge yourselves with the acceptance of the Protection and the reminder to consciously call Protection forth with everything else that you use.

We want you to come to this point of ease within yourselves, because as you were speaking at the dinner table, many of those returning from the war, you will be able to help tremendously, if you have this Peace, the Ease, Uninterrupted Harmony and Mastery in and around your physical bodies. The greatest service, you can render those blessed ones, as they come back here under the strained feelings due to the conditions they have been under, is to pour your Peace and Harmony to them. Then you will help to keep those destructive forces submerged until the habit of quiet, ease and self-control can be re-established within their emotional bodies. Then, as you make the call for the annihilation of those creations, you will lift each one of those blessed ones just gently by your own Harmony, your Love and Peace; and you will take each one of them and lead them out of the shadows of distress and into paths of Peace once again.

Do you know, My loved ones, that thru the Conscious Understanding and blessing of the Elements of the Air, you can call forth the Mightiest Inspiration from your "I AM Presence" and the Ascended Ones; and from the very Heart of Creation, can come to you the Inspiration to produce blessings for mankind thru your Mastery of the Air Element, that will be such a joy to you? You have not touched the fringe of Happiness yet, My dear ones, until you can consciously and at will still yourselves, call to the Heights of Perfection, see the flash of Light come into your body, carrying with It the Illumination that you desire; whether that be a melody in music, whether it be a magnificent picture or the form of something you desire; or whether it becomes an idea that is the solution for some problem in the outer world, matters not. You can call to the Heights of Crea-

tion and They answer instantly, because to that All-knowing Life there is no time, no space, nor obstruction, when you are ready to receive from the Heights to which you call.

Do you know there are Beings in the Air Element that you can call to purify the atmosphere of a room? The Beloved Oromasis just by walking thru a room—by the Flame that pours forth from Him, burns up instantly all substance of impurity or discord in the air, but the Beings of the Elements, the Beings of the Air bring the Electronic Force in greater intensity wherever you call It forth. Therefore, you may have just as much of the Electronic Force of the Air as you desire; whether it be in a room; whether it be thru your breath; whether it be in the atmosphere of a city, locality or the earth itself. The Element of the Air, My dear ones, is the conveyor of those Blessings from the Heart of Creation to every manifested form on the earth.

In the Fulness, precious ones, of that Power which it is your privilege to use, this night I ask every Being of the Element of the Air, all of whom are instantly obedient to Me, to give you all Their Blessings, to clothe you in Their Electronic Force, to purify everything in and around you, and let you be enfolded in the Fragrance of Their Love. Did you know that those Beings of the Air have much to do with the placing of fragrance within the flowers or the conveying of it thru the atmosphere?

Suppose your "Mighty I AM Presence" floods down in and around you, a Wave of Its Fragrance and the Flame of Its Love, you would be conscious of that wouldn't you? But it takes the Beings of the Air to carry that radiance around you out into the atmosphere and radiate It forth, so the whole room might be flooded with the Fragrance which your "I AM Presence" has released.

My dear ones, I want you to feel, tonight, you can just as easily have these Blessings of the Element of the Air, as you can go to the faucet and take a drink of water. When you drink a glass of water, you receive and take into yourselves the Blessings of the Water Element. When you draw forth the Blessing of the Fire-breath of the Almighty, the Beings of the Air convey that to you; and you can have It without limit. Draw It into yourselves! Bless the Beings who convey It to you, and then send It forth again with more Blessings to the rest of the Universe.

We want you to acquire and begin to express in outer action more of the Powers of your "I AM Presence," because mankind must have some of these Manifestations—not to satisfy their curiosity; but as they watch you and see you using these Greater

Powers of Life, just as naturally as breathing, they will understand that you have something which is of Life Itself and without limitation.

The Beings of the Air, My dear ones, have another Service to render which mankind forget, because it is the Element of the Air that conveys from one part of creation to another, the Blessings that are called forth. Just as your Presence thru the Ray of Light gives of Itself to you, so does the Element of the Air convey from you to others of mankind, that which you wish to give forth. So the Beings of the Air and the Element of the Air are your friends. The Beings of the Elements, My dear ones, have been created to render this service. The Natural Activity of each Element referred to, is always bringing to you that which is constructive. Those Beings love to carry from you, that which is constructive. So, as your Harmony is maintained without interruption, will you find yourselves pouring forth Blessings to all without limit; and then with almost no effort on your own part, except to maintain the Harmony and give the devotion and calls to your "I AM Presence," will you find the Beings of the Elements bringing to you Their Gifts, which it will be the joy of Their Life to convey to you.

The Beings of the Elements love to serve mankind wherever Harmony is. My dear ones, thru that you can draw Blessings to yourselves, which will astonish the rest of mankind. You cannot comprehend tonight, how much those Beings will love you, when you bless Them and cooperate with Them. When you call forth the Blue Lightning of Cosmic Purity or the Violet Consuming Flame, the Cosmic Flame of Cosmic Love to purify the atmosphere of earth, you release the Beings of the Air Element from the impurities imposed upon Them by mankind. Precious ones, could you see at the Inner Level at the moment you make that call, what would come around you, it would delight you for Eternity. When you call those Activities forth into your room, into your homes or the locality around you wherever you happen to be, those Beings will flood to you Love and Gratitude, the same as you feel when someone releases you from pain. If you just give that "I AM" Decree once a day, there would flow down from your Presence, the Great Wave of Love to those Beings and from the Great Ones to whom you call. If you would send forth from your atmosphere daily a Wave of the Violet Flame and Cosmic Purity to bless the Beings of the Elements, My dear ones, They would come near your physical bodies and flock to you just like

butterflies in the sunshine. Your Love to Them is like sunshine is to you.

After all, precious ones, it is such an easy service to give. You might not see Them yet, but if you will get still enough and maintain the Harmony, you will see Them as surely as you see each other. They are Real! They are tangible, just the same as the Ascended Masters and Cosmic Beings who direct Them. There is a way and means Life has of carrying on each of Its Activities. These Beings, My dear ones, are created by Life to carry on a specific Activity. Therefore, if your Life will bless Them with your Love and command that to go forth regularly, They will automatically give you Their Blessings in return. It does not take but a little time. In many of these things, the Great Ones have asked you to do, it is just like a thought. When the thought comes to bless Them, just say: "Oh 'Mighty I AM Presence' flood Them with Thy Love that blesses, purifies and sets Them free forever." Just send It forth as easily as breathing.

You have sent forth so many words, My dear ones, that have been distressing to Life. Now as you understand these Inner Activities of the Greater Manifestations, Oh just let there go forth wave after wave, whenever It comes to your consciousness, of Love and Blessing to Those Beings; and you will find that everywhere you move on this earth, there will come Beings to your assistance to help make your pathway easier and enable you to carry This Light to the rest of mankind; until the Cosmic Light in Its Incoming Power has reached the point where It has shut off completely human discord; and cleared the atmosphere of earth so that mankind can comprehend more easily these magnificent Truths for their Freedom.

Your faculties, you have been told, are all elastic. There is no limit to the Expansion of the Flame of Love from your hearts. That can go forth to everybody and everything in creation and none can limit you! Bless and bless and bless, the Beings of the Four Elements.

Now, as I turn your attention to something else, you will have much Illumination, if you will ask Me to expand My Consciousness, My Ascended Master Consciousness of the Air within you, and illumine you concerning My Activities. In that way this which I have spoken of tonight, will anchor within you the feeling, the comprehension and the reminders which will enable Me to give you all that My Heart wants to give.

You are doing better and better, all of you, in the quiet that you are holding during the Dictations and many other times when

you are all together. If We could sometimes have half an hour or an hour of all of you together with your Love and gratitude pouring to the Presence, without a sound in the room, without a movement, without a cough or sound of any kind, but just in Absolute Stillness, that went deeper and deeper and deeper into the Light, We could do for you in an evening of that sort, what only the Ascended Masters can do, and We could render you a service that would bless you for Eternity.

Just as when Saint Germain took the Messenger and the Children into those Retreats, when they were doing certain work, they were all still; and then, they went deeper and deeper, and deeper into the Silence, and when they got to a Certain Intensity of Quiet the Manifestations came forth. So it is with you! Oh, it is not that We want you to feel that you are under a rigorous discipline or anything of the kind! Life is very kind to you! Life has been so good! Life contains so much more, that by this Conscious Understanding of the Action of the Four Elements, We want you to come to the point where you master them within yourselves; and your very poise, happiness and Love of the Light becomes the atmosphere around you which set everybody Free and turns their attention to the "I AM Presence" wherever you go in the world.

I want to say something else about the Manifestations and the Examples of Perfection which must come thru the "I AM" Students. If you are to convey Saint Germain's Knowledge of the "I AM" to the other Nations of the earth, I want to say to you, when you go to the Orient there are many Life Streams, My dear ones, in both China and India which you can help tremendously when this Conscious Knowledge of the "I AM" goes forth over there, but let Me warn you of something! Many of those in the Orient have very great control of their emotional bodies, and if you are really going to help them, they will expect you to be and produce the Manifestations and BE the Fulfillment of the Law you explain.

If you ask them to purify their emotional bodies and understand the Law, they will look you over and see whether you have done it to yourself, and if you have not, your words will fall on deaf ears. So, if you are to reach within the Life Streams of those who have great Intelligence and great Light, they will expect you to be the Examples of the Law fulfilled. They are very sensitive and if you have around you the atmosphere of Uninterrupted Harmony they will see your poise; they will feel your Purity; they will be lifted by your happiness; and as you

Speak the Words of Wisdom of the Ascended Masters, My dear ones, you have an opportunity to help the whole world in a way that few of mankind have ever had in the past.

We want this to come about as soon as the turmoil of the outer world has ceased, and some of its frightful destruction subsided. Then would We love to take you to the various points on the earth's surface where your Radiation, My dear ones, as a group is needed; and that Radiation is one of Purity, Uninterrupted Harmony, Absolute Certainty of the Law's Action, and the clear mental comprehension so you can radiate to others, the ability to comprehend what is in the Words.

Beloved Saint Germain told you that three-fourths of all Instruction is in the Radiation and only twenty-five per cent in the spoken word; and what do you think it is that carries the Radiation? The Air Element. So I will be your friend all the time, if you will give Me conscious recognition. Let us begin to prepare for those journeys wherein you can take great Light to many places on the earth, and in those journeys, you shall know Happiness that as yet you have not experienced. You could draw such Radiation, My dear ones. A great Group who maintained Uninterrupted Harmony, whose Love and devotion to the "I AM Presence" is so very great, could have the most delightful trips. While the Worded Expression of the Law was being given there could go forth Our Radiation thru your "I AM Music." Then thru your happiness and your great kindness, the Great Healing Power could be released thru you, My dear ones, and would make you Blazing Suns of Light, Perfection and Healing Power to the rest of mankind!

It would be no trouble, to have your own air ship wherein you have accommodations as comfortable as you have here. You could travel not only around the Globe, but you could travel all over the planet by airplane and give amazing assistance. As your "I AM Music" went forth and with it the Healing Flame, My dear ones, every one on the earth would love you; but you must BE the Radiation of the Purity, the Peace and the Ease that conveys to them the same Power which you direct.

This is the first time in the outer world, that We have brought this Explanation concerning so many Activities of the Element of the Air, but there is so much as yet We have not even touched upon; because I want you to get accustomed to thinking of the Good that you can pour forth, and the Blessings you can charge forth thru your "I AM" Decrees. Then the Power in each Element will hold its Protection about you and enable you thru

Radiation to do for mankind what you cannot do thru the spoken word.

A certain proportion of Light you can give in the worded expression and explanation of the "I AM" Law; but three times that amount you can give to the individual by Radiation thru your feelings; and you cannot radiate a thing that you do not feel! That is the reason as you call forth inspiration from the Great Octaves of Light and from the various Ascended Masters and Cosmic Beings, you will be able to feel that Response instantly. As soon as you feel the Light coming into you, It will convey the ideas that are required to produce Perfection for and thru you. Then you rest within that All-knowing Mind of God! Then will you BE the Out-pouring of Its Wisdom, Its Obedience and Its Self-Control. Then will you be able to give, and give, and give to every one wherever you go, like the sun gives to you.

In your own pathway of attainment, in the Mastery that you are seeking to draw forth, turn your attention to your own "Mighty I AM Presence," then to the Ascended Beings to whom you are calling for Help and FEEL yourselves clothed in Their Mighty Light Rays! Hold your attention stilled and steady upon your Goal, and go on your way like the wind. Then on arriving at your destination, you will release the Greater Power and turn and give It everywhere to the rest of Life. You can give It to the earth, the water and the air; you can give It back to the Beloved Helios and the Fire Element; wherever you go you can give your Blessing! To all mankind you CAN give Light! To your "I AM Presence" you CAN give Love! To the world you CAN give Opulence, Blessing, the Proof and the Truth of this Law, that you must one day Out-picture, when you say " 'I AM' an 'I AM' Student."

Every Being of every one of the Four Elements, will come to you and do your bidding when that Love flows forth to all. With Uninterrupted Harmony, My dear ones, every Being of the Elements will come to you and give you Their Gifts, because when They come, do you know what your Love does to Them? Your Love enfolds Them, makes Them just as comfortable as this fire made you as you sat within Its Radiance, and the Air, may I remind you, conveyed the Radiation of the Fire Element into your emotional bodies, your feeling world and into your flesh. Do you not see how every Element blesses every other Element?

Do you not see then, how you too are expected to bless each other, to bless the Beings of the Elements, to bless, and bless,

and bless, to pour forth and expand your Love, your Light, your Gratitude, to Life by the Uninterrupted Harmony, the Purity and the Self-control, which makes everything you do until your Ascension, a Song of Joy instead of the struggle of human resistance.

My dear ones, when there is the "I AM" Music of the Spheres to which you can tune yourselves as easily as you listen to the radio, when you have learned to become quiet within and hear that Music, then can you bring It into this octave or at least a large portion of It. Then will It give Its Love and Its Blessing! It will heal, purify, perfect and beautify everything here, the same as it does there. The Cosmic "I AM" Music of the Spheres has maintained and manifested the Beauty of Creation in the Octave of Light. Bring that Music here and It will beautify and perfect the physical octave as It has done there; but you MUST have the Element of the Air on which to send that Blessing forth to the rest of mankind!

When you call forth the Cosmic Healing Flame of Cosmic Love; when you draw that, whether it comes from your Presence, the Ascended Masters or the Central Sun, it still, My dear ones, travels on the Element of the Air; so "I AM" the Conveyor of the Infinite Blessings of Life to you and to all!

Just take Me at My Word tonight! Ask for My Inspiration! Ask for every Blessing the Element of the Air conveys to flood you and your worlds, perfect you, that you may be a greater Blessing to the rest of the Universe, and you shall not know struggle ever again.

Oh, those bodies! I want so much to have them come to the Relaxation, the Power, Beauty and Perfection of the Higher Mental Body, and to enable you to work like magic, until you no longer send forth any feeling of struggle. Then everybody comes to your assistance and you do whatever seems to be necessary with such speed, joy and accomplishment, that it will astound the world. You have already done it here, My dear ones! In the Joy and Harmony which has been maintained you have accomplished miracles which you do not even realize. You have done it in the heart of this Purity, and the Element of the Air has blessed you here. Now let us intensify and expand that, until wherever you go Oceans of Blessings go forth; all things are brought into Perfection; mankind enjoys your presence and all will love you, because they know that you give as Life gives. Live as Life's Perfection has required and you move forward unafraid; using the Powers of Life to give Its Perfection and ful-

fill Its Divine Plan. Then in your daily activities, you will sing the Song of the Light as the "I AM" Music of the Spheres floods forth Its Blessings thru you.

There are sounds of Magnificent Beauty which can come from every planet of this System! There are Melodies that the ear of man has never heard! There is Sound of Beauty and Perfection that has never come forth upon this earth! "I AM" happy that you may be the Open Door for a flood and release of Its Blessings to come forth into the outer Manifestation and help the earth to become purified and mankind be freed for Eternity, by that Great Perfection of Creation.

Beauty of Sound, Beauty of Color and Beauty of Form are conveyed to mankind thru the Element of the Air. So you have Unlimited Blessings to come to you. As you turn your attention to Me, I shall pour báck the Fire-breath of the Almighty, in that Out-pouring of My Love which shall lift you to the Heights and release you from all human struggle. I can do it! Take Me at My Word tonight! Remember Me! Call to Me and let Me prove to you in your own peace what the Blessings of the Element of the Air can be in your world.

Now as I have parted the curtain and let you have just a little glimpse of My Realm of Activity, do I ask you to bless all the Beings of the Four Elements. Then the Beloved Mighty Helios, the Beloved Mighty Neptune and the Beloved Mighty Virgo, together with Myself stand ready to flood to you from Our Hearts, every Action of Perfection that Life contains. The Beings of the Elements We command to come and serve you and give every assistance! If you will love Them and Bless Them, you shall know Their Reality by the works They do for you.

I thank you and love you and bless you for this night. Rarely has it been My Privilege to explain even this much of My Activity, but now that We have the Open Door, may We come again and lift you each time into a greater Octave of Manifestation. It is taking you, as it were, into room after room of the Universe and showing you what Life wants you to have and what you can have as freely as the air you breathe. I do not charge you for the air. We do not charge you for anything, that We give.

So, if you will accept Our Blessings and be an Open Door thru which We can pour them to the rest of the earth, to all mankind, We shall move forward and I guarantee, your Joy shall increase, your Powers shall bless, your Feelings shall sing the "Song of the Light," and you shall move forward and help

Saint Germain free all on the earth from that which has been of distress.

So from this night, let us BE the Great Blessing to Life which is Freedom for all, and the Joy of your own Life Stream's release from limitations, as you draw forth into outer use these Greater Powers to set all free, We will fill you with Its Perfection and fulfill the Divine Plan as God intends.

I thank you for this privilege, and I trust I may come back to you with a Love that is very tangible, with Inspiration that will delight you, and with Protection and the Blessings of the Beings of My Element, which shall make you know Their Reality and Our Love to help you in all you wish to do.

Thank you for this privilege, Beloved Ones, and good-night.

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GEMS OF LIGHT

SAINT GERMAIN

Oh, that you might all comprehend what a Power-house is your feeling world, when harmonized and drawn into wholly constructive activities. I must prompt you that in the charge which you are calling forth into your feeling world, which is daily increasing, how that even the slightest feeling of irritation or disturbance should be governed! You have become a power, which you I am sorry to say, do not realize nor understand.

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SAINT GERMAIN

Everything of ancient action which has gained its momentum and power, since it has not been dissolved, stands ready for action; and when individuals become vicious the whole force of that viciousness finds its action among mankind, because that is its only outlet. The vicious force is not to be blamed, but the individuals who open themselves to it are responsible for its action in their worlds.

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SAINT GERMAIN

Until mankind have set themselves Free, they need to hear the repetition of These Laws. Until they have made themselves Master of the fundamentals they need to hear It, until that has given them the Self-control and Mastery in which they no longer need it; and when they do not longer need it, the other information will be given, you may be sure of that.