

all the Love of your heart and hold with very great joy.

Now see a tiny Unfed Flame within your heart, making the Three Plumes clear and distinct. Then make Them expand until they meet the Plumes of Flame enfolding you.

As the Inner and Outer Flames meet, feel deeply all the Perfection you desire in and around your body and filling your world. As you form the habit of doing this and feeling It deeply three times a day, such glory, miracles, Victories and success will be yours as you cannot even imagine.

May every human being on earth learn to do this and have the Perfection and Freedom It brings.



It is Saint Germain's Request that all rotation of Group Leaders be discontinued everywhere throughout the country, except in the Group Leader Training Groups, where the individuals are being given an opportunity to conduct a Group before taking the responsibility of his or her own Group Activity.

It is all right to rotate in the Young People's Groups where the individuals are being given a chance to try out the conducting of a Group before taking a permanent one.

Outside of those two kinds of Groups every group should be led by the one who accepts the responsibility of conducting that Group and holding them harmonious, so the work of protecting America can be done.

It is Saint Germain's Request also that every Group be opened after acknowledging the Unfed Flame, by those in the Groups giving the four following decrees for Light. Say each three times:

1. Great Cosmic Light! come forth and do Your Perfect Work NOW!
2. The Forces of Light move into action with Full Power, and are Victorious NOW!
3. Mighty Arcturus! come forth in that Light as of a thousand Suns and consume all human selfishness and discord from the planet forever!
4. The Limitless Legions of Light now sweep across the face of the earth and all human darkness disappears.

These Decrees draw tremendous Light, Protection and Healing Power into the room and charge the very air with the Purity, luminosity and Perfection of the Light. They release tremendous energy and Light-Substance into the room which enables the Ascended Masters and Cosmic Beings to amplify It without limit and send It forth to accomplish the fulfilment of our calls.