

The hour has come to see the shining face of your "Mighty I AM Presence"! Its slender Hands point you every minute to Victory and every second is now filled with Mighty Ascended Master Miracles of Perfection forever!

## · MINUTE MEN OF SAINT GERMAIN · (Extracts from Saint Germain's Talk at Cheyenne, September 1, 1937)



HEN you find yourself suddenly confronted with some critical, irritable or disturbing condition, just hold yourself calm and steady. Say as few words as

possible, and let the Radiance of your Presence harmonize things; so when you do begin to talk in a calm poised manner, it will have its effect. You know the nature of the human self, when it comes into something difficult, is to begin to chatter and talk with nervous energy. That more often undoes the thing or makes it worse than if the outer were just silent, until the Radiance of the Presence established the harmony to stop the argument, which is always resistance.

This sometimes happens with Officers on the highway. Sometimes a word of irritation would have set the whole condition into conflagration. No matter how irritated they get, if you will be calm and poised, whether you are in the wrong or not and say: "Well, I am sorry, Officer, something of this kind has occurred." Immediately, that will let down the pressure and irritation; and let the harmony and Radiance from the Presence handle the person.

I tell you there is not a thing you confront that cannot be handled, if the individual will hold his feelings in perfect poise. It is the greatest thing in the world! In the stillness of the human speech and activity is the SILENCE! which is the Power of the Presence. I mean that practically! Not that you have to sit down in the corner somewhere and go through all kinds of manipulations to get yourself quiet; but right in your outer activity of the world, refuse to let the human speak. Just maintain a feeling that is calm and poised. It will do what no speech could do in certain conditions of irritation.

## · DECREE ·

The "Mighty I AM Presence" is our way, our protection, always our defense and our safe landing and about us are ITS EVERLASTING ARMS.

"Mighty I AM Presence" and Great Host of Ascended Masters! give every airplane engaged in constructive activity and all that render defense to our America a safe convoy and a happy landing!