



BELOVED ones in everything you desire to do for the blessing of America, yourselves or others, learn to send a Tube of Golden Light Substance from the Heart of your own "Mighty I AM Presence" to the person or condition you wish to help.

As you feel and visualize this Tube of Golden Light Substance like a tunnel connecting you and the object to which you are sending help, visualize the form of the thing you desire, going with great speed within the Tunnel of Light. See it go and manifest the Perfection you desire at the other end of the Tube. This is a most amazingly rapid way of giving limitless help.

In this use of the Tunnel of Golden White Light, you also have a means of direct communication, wholly secret, if you are serving the Light.

No destructive person can obtain the information in nor interfere with your communication reaching its destination; because the moment such persons or forces touch the Tube of Light which your "Mighty I AM Presence" projects from Its Heart, and yet large enough to include your physical body, that instant would the Light consume their motive and contact.

If you want to send your healing Flame of

Divine Love from the Heart of your Electronic Body to the person to be healed, see it travel within the "Tube of Light" and produce Perfection in the body of the one you wish to help.



• DECREES •

FOR PAIN IN BODY

SAY WITH ALL THE DETERMINATION AND FEELING OF YOUR BEING: "I do not give you permission to ever feel pain again! I might have once but never again! NOW GET THAT! Through my 'Mighty I AM Presence' and the Great Host of Ascended Masters, 'I AM' FULL MASTER AND AUTHORITY IN MY FEELINGS FOREVER! and known or unknown—no feeling is ever again able to act in me or my world but the Perfection of my 'Mighty I AM Presence' and that is finished forever"!

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ONE OF THE GREAT ASCENDED MASTERS HAS RECENTLY SAID: "Say to all human appearances: No longer dare you attempt to hold me in bondage! With my God Presence—the 'Mighty I AM'—I shatter and blast to pieces everything that has ever accumulated about me! and by Thy Violet Consuming Flame, IT IS CONSUMED THIS INSTANT AND I WALK FREE THIS HOUR FROM ALL HUMAN LIMITATION."