CHICAGO, ILLINOIS

JANUARY 14, 1950

Feeling



N TURNING your attention to the Chart of your "Beloved Mighty I AM Presence," I want to concentrate your entire thought upon your feeling; because "Feeling" is the Life and Substance

of the thing manifested. Whatever you feel deeply, becomes solidified into the substance of the outer world! Therefore, to place your attention entirely upon the Heart of the "Beloved Mighty I AM Presence," with the determination to have Instantaneous Fulfillment of your calls, you must DEMAND that It possess all your feeling! You must command your feeling to never let anything act through you or come to you for acceptance from the world without, unless it contains the Full Light and Perfection of the Presence!

Every problem anyone in the outer world has today, is but the condensation of that one's feeling of the past! So, put aside everything except to hold the guard of your feeling! Definitely speak to every feeling within yourselves which is not the Feeling from the Presence! Command all human feeling annihilated! The moment there is a feeling within you of irritation, distress, depression or anything that is less than the Joy of feeling your "Mighty I AM Presence" Mastery, demand all human feeling annihilated!

The Purity and the Victory of your "Beloved Mighty I AM Presence" is the only Permanent Victory for you! If you entertain a destructive feeling within yourselves, or accept it from outside, you are that moment condensing the substance of your Life upon it; and it will become a thing in your bodies and in your affairs, which will torment you, until you COMPEL it to become purified! You must compel it to become the Feeling of the Presence or the Ascended Host!

Feeling is a very important thing, to which everyone should turn the attention and try to understand Its Power! People live hours every day, totally unaware of what is in their feeling world! "I AM" speaking of the "I AM" Student Body — the outer world, we do not expect to do anything else, because they do not know The Law. Many of you live through many hours a day, without ever noticing what feeling is at your Solar Plexus.

Why do I say feeling is the condensation of substance? Because the substance you place in the body as food, is located in the stomach! The Solar Plexus is a ganglionic mass of nerves back of and around the stomach, wherein the Presence locates a Tremendous Focus of Its Light! First of all the Light controls the digestive processes; and then It radiates through the body! That would push away every discordant thing, if you would keep the feeling Harmonious.

So, until people thoroughly understand what the feeling does to them, they do not govern it! Tremendous Power is yours, as soon as you do govern it! I am going to keep after all the Students, until that word "Feeling" stands paramount before you and you watch every feeling that goes through yourselves; because if the feeling be Harmonious, you automatically could clear the intellect! All obstruction which ever touched the intellect, was from disturbed feeling at the Solar Plexus! If the feeling at the Solar Plexus is Harmonious, the Light is automatically passing through, as It comes down from the Presence! It comes down into the top of the head through the pineal gland; and pours out through the Seven-Fold Flame of the Seven Mighty Elohim focused on the forehead, the fore part of the brain! These are the faculties of the mind, which are your capacity to contact things in the physical world and with which to think and govern yourselves!

The moment the flow of Light coming from the Presence

is disturbed by irritated feeling, the Harmony is shut off. The feeling is not only irritation, for fear, doubt, anger, depression, or anything which is not harmonious, shuts out the Light! The moment discord passes through the brain structure, you have cut off the flow of Light from the Presence! The flow is automatically coming through your eyes and ears. The moment discord comes through, a shadow has cut off your Wave of Light. That is why sight and hearing become closed out by discord!

If you will govern the feeling, no matter what condition surrounds you; if you will guard the feeling at the Solar Plexus and not become disturbed about anything, the Light from the Presence will control all! As long as you hold the Harmony, the very Radiation through you and enfolding you, will reach out and govern outer conditions Harmoniously! Most of the time, you don't have to say a word! If you do have to say something, you would say the Right Thing at the Right Time, to solve the problem!

People get disturbed at the Solar Plexus, and the moment there is tension, hurry or any discordant feeling in the Solar Plexus, there is a shadow which cuts off the Ray of Light coming into the brain! When the connection in a floor lamp does not get through correctly, it just flickers and the wave of Light does not get through. So, it is with the brain structure. That is why under disturbed feeling, people do not know what is the Right Thing to do. Most of the time they do the thing which makes the problem worse.

We want to hold everything this afternoon on the acknowledgment of the Blue Lightning of Cosmic Christ Purity and Peace! In calling this to your attention, to guard the feeling, everyone should be taught, especially those under This Radiation from now on, to discipline the emotional body! The moment your feeling is disturbed or someone around you is disturbed, the first thing you should do is to remain silent! Do not say a thing! Then, ask the Beloved Silent

Watcher, to govern your feeling and say: "Beloved Mighty I AM Presence," take charge! Feel and see the Presence reach Its Hand down and take charge of your energy! Then, you would find disturbed feeling could not reach you from outside, and add to the problem already created.

If there be a crime before God, man and the Universe, it is the discord in families. The average family does not think it is necessary to be gracious and kind to each other. There are lovely families, where they have been well trained, who are gracious to each other.

The unfortunate thing about discord in families, and the frightful condition which ensues, is you can never take out of someone else, the feeling of resentment if you have once said something which hurts! A word said is like a bell rung, you cannot unring it! If people would not say unkind things, they would not open themselves to conditions which later become tragedy!

Harmony is necessary in your feeling world and when you speak, if you will hold the Harmony at the Solar Plexus, you can speak with the Power of Cosmic Christ Love and Blue Lightning! You can control the condition and there will be no irritation; but you cannot do that, until you have exerted your God-Control of yourself first and learn to be silent! That is why the Beloved Silent Watcher's Power is so Great! He said in one of His Discourses: "I have More Power in My Little Finger than all mankind put together."

There is only one way to maintain Harmony and that is not to make yourselves a part of discord. You cannot get into an argument and tell people what you think of them, without getting into discord; which you create! The "Beloved Mighty I AM Presence" and the Ascended Host have said: "I will fight your battles, and ye shall hold your Peace, for I have weapons ye know not of." I say to the Student Body: Hold your Peace! Be the embodiment of Purity, Cosmic Love and Peace.

Please make the distinction between what mankind calls Love and the Cosmic Love of the "Beloved Mighty I AM Presence" and the Ascended Host! Personal attachment is selfishness—not Love! The Ascended Masters have loved us with the Cosmic Christ Love of Eternity, in which there can never be selfishness of any kind! Let Their Love hold command and take the place of all human feeling forever!

