

---

---

SILENCE  
**Mrs. G. W. Ballard**  
**From the Round Table**

Q. About the Silence, holding the silence after the Ascended Masters' Classes. . . . Last night I was not only sleeping, but I was trying to hold the Dictation and someone said, "Oh, please let us talk for a little while. . . ."

*Mrs. G. W. Ballard*

Oh gosh! they gabble all the rest of Eternity! They've gabbled all down the centuries. Everybody talks, talks, talks all the time; and if we can't have a little bit of quiet after the Master dictates and gives us His own Heart's Flame and His Energy and His Love from His Octave to anchor It within us, and we hold It quietly within us until It becomes an eternal part of us—if we can't take time out and quit our chewing the rag long enough to let Him do it, we aren't worth our Freedom in the first place! (applause)  
580912.3



Q. What is to be gained by leaving silently after Class? Don't you think the Students need the relaxation of a little visiting? Is it too—[No Ma'am!] is it too severe to demand for all of the Classes or all of the Groups?

*Mrs. G. W. Ballard*

Now, Beloved Ones, watch out about your human! You want to get your own way! Now in the first place, these Great Masters come from Heights incalculable—way beyond our understanding—to spend a few minutes or a few hours with us to give of Their Transcendent Love and Life's Energy to strengthen us and to purify and harmonize us and to protect us and to supply us. Now after They have made

---

---

---

---

that effort to come and give It to us, why should we, the moment They've left, begin like a chatterbox and act—run wild in the rat race of the outer world again to let the old human do just as it wants to, to build around you more confusion and more of the turmoil that is nothing but accumulation of more habit.

If you ever once experimented for thirty days with keeping absolute silence after the Class, which means staying within—undisturbed—the Sun of Light, Cosmic Light Substance and Sacred Fire which the Master's Love has poured around you during the Class Work, and you would go home and stay in that and go to sleep in It and recognize It, when you woke up the next morning without a word—except where you might have to be courteous and quiet in recognition of somebody else—if you could go home and keep that undisturbed, your miracles would be beyond any words to describe!

Now there are times for relaxation and visiting, and there are times not for it; and therefore a Class is not just for visiting—either before or after. Our Classes are Instruction, that we may draw the Power to serve our Nation and protect those under this Radiation. It's not a social conglomeration.

But we do, in some of our Sanctuaries, once a month, or maybe once in a few weeks, after the day's Service has been given and the Class Work for the day is over, usually on Sundays where we have nice outer grounds, the Group have a dinner or a supper outside when it's pleasant weather—or even inside. And that is to help discuss improvements in the Sanctuaries or the things they want to do to help draw forth more Power for the Protection of America, the Protection of the younger generation, and for the dissolving and consuming of that which is evil.

---

---

---

---

*Q. . . . Silence in the Sanctuary . . . We . . . cleaning there one day and I whispered to one of the ladies something I thought needed to be done. Well, the others spoke out real loud, “What are you whispering about?”*

*Mrs. G. W. Ballard*

Well, settle that nonsense! That Sanctuary is a Sacred Place of Power, and that Power is Energy and Life in the Sacred Fire from an Ascended Master’s Body; and it’s time everybody learned a little bit of reverence and respect and consecration of the Sanctuaries—of our Sanctuaries. They’re more powerful and more powerfully charged than all the church sanctuaries on the Earth put together, and somebody should have some kind of consciousness explained to them that they are Sacred Places, and when we go in there, we behave like the Master is there visibly and tangibly. (applause)

570916.12



*Q. Some of us like to hold the silence after Class or a Dictation. Other Students don’t always seem to understand why we want to do this. Would you give the Explanations the Great Ones gave quite a number of years ago—why this is desirable? I am sure there are many who have never heard it.*

*Mrs. G. W. Ballard*

Tomorrow I will read you a paragraph from the Beloved Mighty Being Venus when She gave a Dictation up at the Lodge some years ago, just before the Worldwide Broadcasts began, in which she said—described what took place when the people in the group had been still for one hour on Ascension Day before the Dictation was given, and were still for an hour afterwards.

---

---

---

---

And that's when she said, if we could have a Class—a whole roomful of people who would give us that time and would be absolutely still, not one sound in that or one movement in that room for a whole hour—She said we could do for humanity what has never yet been done! I'll read you that paragraph tomorrow.

640917.18

EXCERPTS ON SILENCE FROM  
BELOVED MIGHTY VENUS' DISCOURSE

THE LODGE • JUNE 24, 1945

The Mighty Victory said to you once up here that if you could come in and be completely still for an hour before the Dictation, We could do for you that which has never been done for mankind! I am sure those of you who were at the Class during the day of the Ascension realized this. When you held absolute quiet for one whole hour—without a movement, without a cough, without any sound in that room for one full hour before the Master Jesus dictated, He did for you in that hour, Precious Ones, what you will never know until your Ascension is complete. You came so close in the quiet—within His Love—that the longer It was held, the closer and closer and closer He drew you into Himself. Then the Light within each one's own Life Stream glowed brighter, brighter, and brighter; and when He left after the Dictation, He left you with a Strength that I am sure you have all been conscious of ever since. He lifted many things from each of the Students, and He raised you into the Greater Power which is His now.

---

---

---

---

. . . You have chattered a long number of centuries. You have chattered so much through the centuries, and your chatter is condensed around you. Now most of it has been taken away. Practically all of your human creations are being consumed. You have very little left—any one of you. As you use Our Sacred Fire of Cosmic Love, less and less will your limitations be apparent. You will just move into more and more of your mastery. In the governing of your conversation will come an Authority of Mastery which does not come in any other way. I do not mean you are to be any the less pleasant, happy, or sociable; but just watch that you do not use your own Life's Energy in senseless chatter. Chatter is the only thing which feeds human creation. If such things were to objectify that instant before you—or upon your garments—you would be ashamed to look at them the rest of the day!

Call forth the Eternal Youth and Beauty of the Sacred Fire of Cosmic Love into your speech. Flood your minds with such magnificent ideas and glorious plans of accomplishment, you become so absorbed in drawing forth such magnificent Perfection, that old habits will just drop away because you have taken the energy somewhere else. My Dear Ones, there is so much above you! There is so much ahead of you of magnificent, joyous accomplishment! There is so much you can have! There is so much you can give! There is so much Joy that as yet you have never experienced. All of it stands waiting like an avalanche—just to be allowed an Opening to come in and bless you.

The Voice of the "I AM," 50.5:9,27-28

---

---